

SOUTHWESTERN ILLINOIS LAW ENFORCEMENT COMMISSION
Mobile Team ASSIST #14

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THIS COURSE IS PENDING ILETSB MANDATES.



PRESENTS

16 HOUR STREET SURVIVAL SEMINAR

TUESDAY-WEDNESDAY, MAY 19 & 20, 2026 - 8 AM/5 PM

WHERE: Fairview Heights Police Department- 10027 Bunkum Rd., Fairview Heights, IL. 62208

WHO: Jim Glennon, Calibre Press and Calibre Press Staff.

TO REGISTER: Visit our website www.silec.org. **Limit 80!**

Street Survival teaches officers how and why both police officers and citizens die unnecessarily during police/citizen encounters. We do this by examining and discussing, for purposes of training officers now and in the future, lifestyle changes on and off the job. The course addresses two specific subject matters:

“The Fatal Four” – We look at officer safety from the perspective of surviving emotionally and physically, not just while on duty, but over an entire career. The 24/7 reality of the job if you will. We specifically examine the four most common causes of fatalities for officers during a career:

1. Felonious Assaults
2. Vehicle/Traffic Related Incidents
3. Physical Conditioning (heart attacks)
4. Emotional Health (suicide)

The Impact of Stress – The primary cause of the above four is stress. In addition, the primary reasons police officers overreact, behave unprofessionally, and even use unnecessary force is because they have not been trained to recognize, prepare, and deal with true stress. Therefore, understanding the realities of stress and training successfully for dealing with it is the foundation of the two-day presentation. Whether dealing with the mundane calls, highly evolving and dangerous encounters or off-duty responsibilities, stress is always in play. So we discuss how to manage it in the following scenarios:

1. Hyper-Fight: Over-reaction in a Physical Confrontation
2. Flight/Freeze: Cognitive Deterioration in High Stress Incidents
3. Adapt and Reason: A Vital Skill for Today's Law Enforcers
4. The Conflict: Modern Training vs. Our Innate Survival Instincts



Presented over two days in a very dynamic format by highly experienced instructors, the seminar utilizes video, meaningful current statistics, case studies, and interesting personal experiences to impress upon attendees that their personal safety and career survival truly is up to them.

Topics we will cover include:

- Understanding the role of civilian peace officers as Guardians of the Democracy
- How being unprepared for stress causes fatal mistakes
- De-Escalation for safe and successful resolutions
- Human Diversity and the realities of bias
- Legal Parameters of Using Force
- The Science of Human Performance and Training for Stress
- Road Wise: Vehicle and roadway related dangers
- Detecting preattack and felonious assaults
- Physical and emotional health
- The necessity of effective communication

Funding made available by the Illinois Law Enforcement Training and Standards Board, Southwestern Illinois Law Enforcement Commission, ASSIST #14 Partnership and the seven counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington. MTU #14 request for certification of this course has been approved by the Illinois Law Enforcement Training and Standards Board.