

SOUTHWESTERN ILLINOIS LAW ENFORCEMENT COMMISSION
Mobile Team ASSIST #14

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Mandates: 4 Hrs. Civil Rights, 4 Hrs. Constitutional Use of LE Authority, 2 Hrs. Crisis Intervention,
12 Hrs. Procedural Justice, 5 Hrs. De-Escalation Techniques, 7 Hrs. Officer Safety Techniques



P R E S E N T S

40 HOUR

Human Factor Research Group

Use of Force Instructor Course

MONDAY-FRIDAY, JANUARY 5-6-7-8-9, 2026 –
8 AM/5 PM

WHERE: SILEC Training Room
2300 West Main Street, Belleville, IL. 62226

WHO: Retired Chief Ed Wilkerson, Millstadt Police Department.

TO REGISTER: Visit our website www.silec.org. **Limit 25.**

Equipment needed: Entire duty belt along with handcuffs, casual clothes, and tennis shoes.

The HFRG Defensive Tactics System is the first subject control system developed through tactical, legal and medical research. Tactically, the system addresses the most common types of resistance officer's encounter, allowing the instructor to maximize training on job related techniques. Legally, the HFRG System teaches a simple use of force continuum that clarifies the appropriate force level for every level of resistance. Medical research was conducted on every HFRG technique to refine technique efficiency and to ensure the medical implications were proportional to the level of resistance.

COURSE GOALS:

1. To examine survival learning research in an effort to enhance survivability in combat situations.
2. To instruct a subject control system that is compatible with the effects of survival stress.
3. To teach a subject control system based upon the four most common types of resistance.
4. To refine student technique to the instructor level.
5. To teach instructional methods designed to enhance a student's ability to learn survival techniques, increase his/her confidence level, and assist in the successful application of physical techniques.

Funding made available by the Illinois Law Enforcement Training and Standards Board, Southwestern Illinois Law Enforcement Commission, ASSIST #14 Partnership and the seven counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington. MTU 14 request for certification of this course has been approved by the Illinois Law Enforcement Training and Standards Board.