

Nationwide Peer Support & Mental Health Professional Network

WeNeverWalkAlone WeNeverFightAlone

For LEOs & Dispatchers

For Firefighters & EMTs

Peer Support Training

3 DAY INTENSIVE TRAINING FOR FIRST RESPONDERS

ABOUT PEER SUPPORT

Peer Support is a non-clinical process of listening, encouraging, sharing knowledge & skills, and providing assistance to peers in order to help them effectively deal with the challenges, stress, and traumas experienced through their work and personal life.

COURSE CONTENT

- Peer support Principles and Practices
- 1st Responder Culture & Mental Health
- Physiological/Behavioral Reactions to Stress and Trauma
- PTSD and Suicide
- Peer Support Skills and Techniques
- Additional Crisis Interventions (CIRM)
- Resiliency and Stress Management
- Support Resources
- Practical Exercises/Role Plays

HOW TO REGISTER

Fees: \$500



*SILEC IS
NOT RE-IMBURSED
for this class
SW*

You can also call us at (773) 644-1664 **OR**
email us at info@WeNeverWalkAlone.org

VENUE

Belleville Police Department
720 W Main St. Belleville, IL 62220
under the auspices of SILEC MTU #14

DATES

May 12 Mon-May 14 Wed 2025 8am-5pm

TRAINERS

Dan and Tammy Roach
Cornerstone Retreat Center

CLASS DESCRIPTION

This 3-day Peer Support training class will introduce the student to the process of peer support and equip them with the knowledge and techniques necessary to provide emotional support & practical guidance to other 1st responders who are in need of assistance.

This class consists of both classroom lecture and reality-based training scenarios. Throughout the course students will learn best practices, participate through interactive discussion, and engage with practical scenarios applying and showing understanding of what they have learned.

ILETSB MANDATES

- Officer Wellness - 9.5 hrs
- Crisis Intervention - 5.5 hrs
- Procedural Justice - 5 hrs
- Legal Updates - 1 hr



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<https://WeNeverWalkAlone.org>